

November 2022 Lunch Menu



Week of October 31 - November 4				
Monday	Tuesday	Wednesday	Thursday	Friday
Nathan's All Beef Hot Dog Tater Tots Celery Sticks	Taco Tuesday Ground Beef, Local Corn Tortillas, Salsa, Lettuce, Cheese Roasted Peppers & Onions Seasoned Black Bean Salad	Chicken & Waffle with Syrup Sweet Potatoes Celery Sticks	Mac & Cheese Roasted Garlic Kale Grape Tomatoes	Cheesy Pizza Dunkers with Marinara Sauce Celery Sticks Grape Tomatoes
Chef Salad with Breadstick Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich Cheese Sandwich Available Daily: Chilled Pears Assorted Fresh Fruit / Fat Free Chocolate, 1% White or Fat Free White Milk				
Week of November 7 - 11				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty Sandwich Steamed Broccoli Carrot Sticks	Student Half Day	Buffalo Chicken Nachos Seasoned Black Bean Salad Zucchini Coins	Steak & Cheese Pocket Steamed Peas Carrot Sticks	NO SCHOOL
Buffalo Chicken Salad with Breadstick Turkey Ham & Cheese Sandwich Sunbutter & Jelly Sandwich Cheese Sandwich Available Daily: Chilled Mixed Fruit Assorted Fresh Fruit / Fat Free Chocolate, 1% White or Fat Free White Milk				
Week of November 14 - 18				
Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Fish Sandwich with Cole Slaw Tater Tots Black Bean Salad	Chicken Broccoli Alfredo over Penne Pasta Cauliflower Florets Grape Tomatoes	Sweet & Sour Chicken with Veggie Fried Rice Steamed Broccoli Cauliflower Florets	Roast Turkey with Stuffing, Gravy, Cranberry Sauce & Dinner Roll Roasted Butternut Squash Cauliflower Florets	Buffalo Chicken Pizza OR Cheese Pizza Grape Tomatoes Roasted Garlic Kale
Crispy Chicken Salad with Breadstick Italian Sandwich / Sunbutter & Jelly Sandwich / Cheese Sandwich Available Daily: Chilled Peaches Assorted Fresh Fruit / Fat Free Chocolate, 1% White or Fat Free White Milk				
Week of November 21 - 25				
Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Cheeseburger Baked Beans Steamed Broccoli	Roast Pork Nachos Steamed Corn Carrot Sticks	NO SCHOOL	NO SCHOOL	NO SCHOOL
Sunbutter & Jelly Sandwich Cheese Sandwich Available Daily: Chilled Applesauce Assorted Fresh Fruit / Fat Free Chocolate, 1% White or Fat Free White Milk				
Week of November 28 - December 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Pizza Dunkers with Marinara Sauce Steamed Carrots Steamed Green Beans	Taco Tuesday Ground Beef, Local Corn Tortillas, Salsa, Lettuce, Cheese Roasted Peppers & Onions Seasoned Black Bean Salad	Chicken & Waffle with Syrup Sweet Potatoes Celery Sticks	Mac & Cheese Roasted Garlic Kale Grape Tomatoes	Hot Dog Celery Sticks Tater Tots
Chef Salad with Breadstick Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich / Cheese Sandwich Available Daily: Chilled Pears Assorted Fresh Fruit / Fat Free Chocolate, 1% White or Fat Free White Milk				